

Children's Survey

We want to know what you think about your lunch. Your opinion is important. Please help us by answering the questions below and checking the box.

Your parents can help you fill in this questionnaire, but it's your opinion that matters!

Information about you:

Location of the day-care centre:

Your age :

What day(s) do you eat there? :

☐ Monday




☐ Tuesday

☐ Wednesday

☐ Thursday

☐ Friday

Do you think :

			
You eat different things every day, it's varied			
The dishes are well presented			
The dishes often appeal to you			
At the end of the meal, you are not hungry anymore			
The food is of good quality			
It tastes good to you			
You have enough time to eat			
Meals are eaten in a nice atmosphere			
You feel good after the meal			
Do you like to discover dishes that you are not used to eat?			

Most often, at the end of the meal

• Did you leave any food on your plate?

☐ No, never

☐ Yes, a little

☐ Yes, a lot

If yes, why?

☐ I'm not hungry anymore

☐ I took too much

☐ I didn't have the time to finish

☐ I didn't like it

If so, what do you usually leave?

☐ Starter

☐ Meat

☐ Vegetables

☐ Fish

☐ Pasta

☐ Sauce

☐ Cheese

☐ Fruits

☐ Desserts

• **Do you ask for a refill?**

☐ No ☐ Never ☐ Yes, sometimes ☐ Yes, often

If yes, you usually ask to be served again in:

☐ Starter ☐ Meat ☐ Vegetables ☐ Fish ☐ Pasta
☐ Sauce ☐ Cheese ☐ Fruit ☐ Desserts

Outside of lunch, during the lunch break

What is your favourite thing to do during lunch break? _____

Why? _____

What do you dislike about lunch break? _____

Why? _____

Outside of the lunch, what do you like most?

☐ Playing ☐ Reading ☐ Tinkering ☐ Listening to music
☐ Chatting with friends ☐ Being quiet ☐ Something else: _____

Anything else you want to tell us about your lunch break? You can do it here:

Thank you very much !